

**Session Evaluation**

AFCC 44th Annual Conference  
*Children of Separation and Divorce:  
The Politics of Policy, Practice and Parenting*  
May 30 – June 2, 2007  
Washington, D.C.



**Workshop 58: *There's No Such Thing as Difficult People***

**How well did the session meet the following objectives:**

- 1. Examine how to use the tool of *reinterpretation* to stop being a victim to other people's behavior and to gain a sense of humor and control ..... 4.68
- 2. Explore the role of *emotional flooding* and two easy steps to turn the tide..... 4.72
- 3. Identify five practical strategies to neutralize negativity and choose beneficial reactions..... 4.72

**Please rate each presenter's knowledge, expertise and teaching ability:**

- 1. Dana Lightman, Ph.D..... 4.84

**The handouts provided in this session will be useful..... 4.76**

**This session expanded my knowledge on the topic..... 4.66**

**Comments:**

Ratings are based on a scale of 1-5 with "5" being "excellent."

Please see reverse side for comments.

## Workshop 58 Comments

- Terrific presentation. Thank you.
  - Excellent. Was worried about --- presenter, but Dana did a great job.
  - Fabulous- so well done! Wonderful sense of humor too. Heart felt as well- great job!
  - Very good information- useful in all respects and many contexts in life. Great way to end a conference.
  - Include her book in bookstore next year.
  - I saw a program that attempted to cover this same material, but it had been dumbed down so much that it was offensive. This treatment of the subject is great. I know it is hard to meet the level of your listeners. You did a great job. Thanks for not stupidifying the subject.
  - Great presenter for conferences.
  - Well done! Personally very helpful! One of the best workshops!
  - Very engaging speaker.
  - Great program to end the conference. Helpful, practical, interesting, a great teacher.
- Thanks
- Informative and engaging. Well done!
  - She was great, wish it could have been longer!
  - Very well presented. Wanted more!
  - Great way to end the conference and head home with applicable new stuff.
  - Very interesting.
  - Spend more time on strategies for coping rather than identification of ----.
  - The instructor was very clear. Asked too often for questions. Questions can really take the session away, although they didn't.

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*There's No Such Thing as Difficult People*  
Presented by Dana Lightman, Ph.D.